



SHOP ACTIVITIES

BOOKMARK STITCH-ALONG

1st Saturdays 1-3 pm

WED. NIGHT SIT & STITCH

most Wednesdays 5-9 pm

SMALL PROJECT STITCH-ALONG

3rd Saturdays 1-3 pm
young stitchers welcome if accompanied by an adult.

STITCH-AWAY EVENTS

Accents Away
Stitcher's Connection

*With Accents Away you can't go wrong
As you gather with friends to stitch along*

*Stitching makes us smile at our
Accents Away is the place to be!*

TO BE ANNOUNCED. . . .

SHOP SERVICES

Accents Exclusive Charts

designs by Accents available only from Accents

Custom Framing Options

Conservation Framing
Creative techniques
Shop-choice special pricing

Personalized Charting

from \$3 - priced by difficulty
charting of elements such as names, dates, chart rearrangements, special requests

Special Orders

We do our best to obtain requested items

Finishing Services

Stockings, pillows, etc

\$20-\$35 average cost
You provide fabric & ribbons

Gift Certificates

available in any amount

FRENCH COUNTRY FLEUR DE LIS
new from JBW Designs

What's especially wonderful about this new chart is that the Wednesday night stitchers at Accents stitched the models for the cover, front and back. Within the main fleur de lis are 4 smaller fleur de lis. Chart is item #2264F and retails for \$5.50.

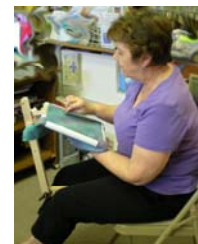


Also new is the French Country—Le Cochon. This little guy definitely wants to keep his distance from a typical New Orleans Cochon de lait! Chart is item #1009F and retails for \$5.50. Both charts can be found on the Accents website.

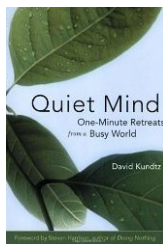


A STITCHING FRAME TO SIT UPON
from K's Creations

Kay designed the Sit-Up-On It, originally, for use in a recliner or comfortable living room chair but this easily portable frame is perfect for use in your home or your car. (unless you're the driver!) It folds to easily slip into a tote bag and can hold either Q-Snaps or a Scroll frame. I have tried the frame out as a passenger in Fred's car and found it worked well. The only thing I was missing was a place to hang my threads.



ACCENTS AWAY STITCHER'S CONNECTION
A "QUIET" STITCHING RETREAT



Most mornings I awaken around 5:00 am, at least an hour before Fred awakens. My routine is to turn on the coffee maker and then to sit in my "Quiet Room" as Fred has named it. (I call it my Sanctuary—a place that I can just sit and escape the turmoil of the world). This room is filled with things that bring me pleasure, including a library of uplifting books. The Quiet Mind by David Kundtz is a compilation of "one-minute retreats from a busy world". Most mornings I read a page to begin my day. Yesterday the reading was "Time-Out". It spoke of taking a break during the day to "do nothing" and called this break a "Time-Out", a chance to re-gather our peace and serenity.

As I contemplated the reading I was thinking about how we turn even a good thing into a negative, as experienced merely by the name "Time-Out". In 2010, a timeout refers to a punishment technique for children. I doubt many children use that timeout as an opportunity to take a break and internally "do nothing". Their minds are probably racing with thoughts, not many of them quiet or serene. Perhaps we would do better to place ourselves in "Time-Out" for a minute. Take that break and assess just what it is that is causing us to lose our

continued



Continued... peacefulness. We can then emerge from the "Time-Out" and handle whatever the situation we are presently facing with calmness and love. I guarantee the results will be better than we would experience from acting in stress or anger. If you want to experience peace and calmness in your life, purchase the Quiet Mind One-Minute Retreats from a Busy World by David Kundtz and take just 3 minutes to sit in quiet every morning and read a topic. You will find that you learn to appreciate having quiet (peace) in your life. Here's my favorite definition of peace

"Peace does not mean to be in a place where there is no noise, trouble or hard work.

It means to be in the midst of those things and still be calm in your heart."

If we each discover the peace within ourselves we would be closer to having Peace on Earth. Peace truly does, as the song says, begin with "me" . . . and you. We have already found one "Time-out" to that peace in our stitching. I have heard customers tell me, over and over again since Katrina, that they have picked up their stitching because they want to re-experience that serenity and peacefulness that they derive when they stitch.

This Friday afternoon 45 women will gather for a weekend "Time-out" during the annual *Accents Away Stitcher's Connection*. We will "do nothing" except stitch and share our lives and stitching experiences until Sunday afternoon. Two days, a full 48 hours, to relax, revitalize and rejuvenate our psyches and our spirit. Typically when Sunday afternoon arrives and it's time to say goodbye, we all experience a desire to remain, to continue the experience of peace and serenity.

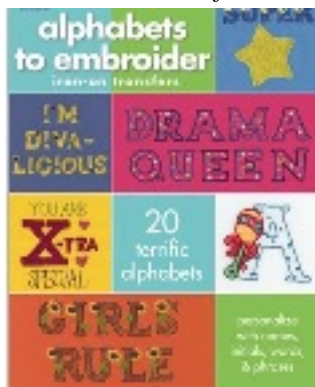
Can you even imagine 45 women together for 48 hours in a joyful experience of positive, uplifting serenity! That's not actually a question. Rather it's an exclamation of how we grow through such a simple activity as pushing and pulling a needle through fabric. How it can bring peace to our soul and, in turn, allow each of us to bring peace to our world.

I wish each of you the experience of a Quiet Mind. If you want to experience it with a group of like-minded women, I invite you to join us next year (date to be announced later) for the 15th annual *Accents Away Stitcher's Connection*. . . . *gayle*



REDUCED FOR CLEARANCE AT ACCENTS

Iron-on transfers



Alphabets to Embroider #2452A
\$9.95 reg / Sale \$4.95

Iron-on transfers



Olde Alphabet
\$5.50 reg / Sale \$2.25

Would make a great afghan or gift for a quilter



Building ABCs Item 1679B
\$9.00 reg / Sale \$5.00

It is never too late to be what you might have been. - [George Eliot](#)



(located inside Galerie Severn)

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