



News to "Accent" your stitches, page 1

September 8, 2009

**SHOP ACTIVITIES**

**BOOKMARK STITCH-ALONG**  
1st Saturday of month  
1-3 pm

**WED. NIGHT SIT & STITCH**  
most Wednesdays  
5-9 pm

**SMALL PROJECT STITCH-ALONG**  
3rd Saturday of month  
1-3 pm  
young stitchers welcome if  
accompanied by an adult.

**STITCH-AWAY EVENT**  
ACCENTS AWAY  
STITCHERS CONNECTION  
JULY 30—AUG 1, 2010

Accents Away  
Stitcher's Connection

With Accents Away you can't go wrong  
As you gather with friends to stitch along

Stitching online or stitching at one of our Accents Away in the place to be!

**SHOP SERVICES**

**Accents Exclusive Charts**  
designs by Accents available  
only from Accents

**Custom Framing Options**  
Conservation Framing  
Creative techniques  
Shop-choice special pricing

**Personalized Charting**  
from \$3 - priced by difficulty  
charting of elements such as  
names, dates, chart rear-  
rangements, special requests

**Special Orders**  
We do our best to obtain  
requested items

**Finishing Services**  
**Stockings, pillows, etc**  
\$20-\$35 average cost  
You provide fabric & ribbons

**Gift Certificates**  
available in any amount

**Technically challenged?** I know that what I send from my pc is not always what you receive in your mailbox. Often the e-letter is distorted and I have no idea why that happens. However, there is a link in the header above that allows you click the web address. It will take you to the newsletter page of the Accents website, where you can view and read the email exactly as I prepared it. Hope that solves any viewing distortion problems. . . *gayle*

**STITCHING AT ST. CATHERINE'S...SUNDAY, SEPT. 27TH 1-5 PM**

Father Nick came to Accents' Wednesday night stitching a year or two ago and has become a regular. His stitching has advanced from basic Aida, to stitching over two on linens and evenweaves, all the way to Rhodes stitches and hardanger! On Sunday, the 27th he invites you to join him at the Rectory of St. Catherine of Siena church, 105 Bonnabel Blvd (Bonnabel & Metairie Rd.) for an afternoon of stitching. There is a huge conference room that accommodates a number of people comfortably. If you plan to attend give Fr. Nick a call at (985) 640-0259. You should enter the rectory at the entrance on Bonnabel, not on Metairie Road. The Saints are playing away that weekend, so pack your stitching bag and head over to St. Catherine's.

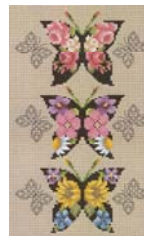


**ACCENT ON WHAT'S IN THE SHOP**



*Voodoo Queen*  
Words by Accents  
**Voodoo Queen**  
of  
New Orleans

Pirate (Voodoo) Queen  
by Sue Hillis \$ 7.00  
Accents' wording included



Each butterfly  
will fit  
into an  
Accents  
pillow tuck

Butterfly Charm  
by Linen Flowers  
\$ 9.00



Contains  
13  
Projects!

Tis Halloween Stockings  
by Blackbird Designs  
\$ 24.50



**Peace & happiness can be yours.** Continuing my thoughts from last week, I want to relate obtaining peace to your stitching. If you are stitching a design from a chart of a fleur de lis, do you think that, when the stitching is completed, it will look like a French Quarter street scene? Silly thought, right! We all know that when we follow the chart our stitching turns out like the chart. Similarly, what we think about is what we get. Focus in your mind on being angry at someone and you live with anger. Focus on not making it financially until payday and you will barely make it to payday. Focus on not having enough time and you don't have enough time. Get the idea? What could it hurt to *Continued on page 2...*

**Free this week:** send an email with "Tropical Reflections" in the subject line and I'll send a pdf file of the free chart compliments of Finger Step Designs and Accents!  
Offer expires 9/22/09

F.Y.I.

Fred & I will leave on Thursday, September 24th to attend the Fall Needlework Tradeshow. [not to worry, Angela will be here working while we're away] We'll be teaching a class on Friday afternoon and busy shopping for new product for the shop on Saturday and Sunday.

Although this is primarily a working trip for me, it's also the time I get to visit and interact with my industry friends: shop owners, designers and distributors. This year it has the added benefit of being the time I get to clean out my attic! Yep! Last year I met an energetic gal named Cathy Roginela who was in the process of opening a shop. The shop is called Inspired Needle and is located in Lemont IL (near Chicago).

Cathy is driving her van to the show and we are driving Fred's van filled with Accents' stash of display racks, etc. I'll be moving the stash of fixtures and stuff from Fred's van to Cathy's. What a drive home it will be on Monday with the knowledge that the upstairs room of my house will be less cluttered than it has been in years. My goal will be to have the room straightened and organized by Thanksgiving or the end of November at the latest. (are you reading this Terri?) Perhaps having that room functional will inspire me to create some new products for Accents. Wouldn't that be a blessing!



**PEACE AND HAPPINESS ARE YOURS - ONLY IF YOU MAKE IT SO**

**Peace** *Continued...* spend a day thinking about peace and happiness. You could sit at your desk, working, and think about being on vacation on a tropical island. The sun is hot and you are tanning on the beach, or the breeze is cool and you are relaxing in a hammock under palm trees. It's your choice. When you learn to go to that place in your mind that brings you peace and harmony, your life begins to change, just like when you stitch a design of a fleur de lis your finished project is a fleur de lis. What have you to lose? I urge you to commit to thinking only pleasant thoughts for just one day. Do not allow yourself to get angry. Send a blessing instead. If you like how you feel at the end of the day, simply go to that place in your thoughts everyday.



**MARK YOUR CALENDAR—FUTURE EVENTS TO BRING YOU PEACE**



- 1. Creating Healing in Everyday Life, a workshop** on Saturday, Sept. 12 from 9 to 5 at the Cenacle Retreat House in Metairie. Registration begins at 8:30 am. The cost of \$40 includes lunch. Presented by Dr. Gary Arnold, the principles he will teach are based on healing principles from *A Course in Miracles*. Gary's workshop will help you live a peaceful, healthier, happier spirit-filled life. I promise you I know this is so. If you attend and feel it was a waste of your time, come by the shop and tell me so and I'll give you an Accents gift certificate for \$40 to offset the cost. Call (504) 251-3279 to pre-register. Ask for Gary and tell him I referred you. The workshop below is also presented by Dr. Gary Arnold. Attend both or pick just one!
- 2. Advanced Meditation, a workshop** on Saturday, Sept. 19 from 9 to 5 at the Cenacle Retreat House in Metairie. Registration begins at 8:30 am. The cost of \$40 includes lunch. This non-denominational workshop focuses on deep meditation, awareness, inner attention and oneness; being in the world but not OF the world (in the words of Jesus).
- 3. Coming in 2010 - Stitching the Spiritual into your Life, a retreat** October 29-31, 2010.

**Peace on earth begins when we are forgiving rather than unforgiving**



(located inside Galerie Severn)

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